

4th Reich SSP collapse in Solar System according to former Dark Fleet Operative



**Dr. Michael Salla,
Dr. Katherine Milano**

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Dr. Katherine Milano claims to have served in a German "4th Reich" secret space program called the Dark Fleet during a "20 and back" program where she underwent 20 years of torture, MK Ultra mind programming, and exploitation as a Geisha spy on Mars and Ceres. She was finally promoted to a senior position in the Dark Fleet's intelligence service before being identified as a spy for the Ashtar Command and severely punished via mutilation before being sent back to Mars.

In her second interview on Exopolitics Today, Dr. Milano gives an update on recent events involving the 4th Reich's collapse and emergence of an enlightened German faction called the 5th Reich. She describes how senior 4th Reich officers are being arrested and tried for their crimes and removed from all positions of authority. Dr. Milano further describes what is currently happening on Saturn, and her

own past life memories as a member of the Anunnaki royal family involved in the genetic engineering of humanity.

DR. SALLA: Dr. Katherine Milano is a Secret Space Program Experienter. She has gone through MILABS. She has gone through Secret Space Programs and also discovered late in her journey that she was a galactic envoy. She also is a practicing psychologist and has helped many people recover their memories or integrate memories involving trauma. And so she comes today on exopolitics today to discuss some recent information about the developments on Ceres and elsewhere in our solar system with Secret Space Programs.

ANNOUNCER: You're listening to Exopolitics Today with Dr. Michael Salla. Your source for the uncensored truth regarding the human extraterrestrial global and political agenda. Click the like button and subscribe to this channel. And now here is Dr. Michael Salla.

DR. SALLA: Well, welcome Katherine to the show.

DR. MILANO: Thank you. Thank you for having me again Michael. It's very good to see you.

DR. SALLA: Well it's great to have you back and I know in our first interview, well this is our second interview and I know in our first one we covered quite a lot of material in terms of your background and I know you're a professional psychologist and you've been helping people for many years integrate trauma and then eventually you discovered that you yourself had gone through these traumatic experiences related to Secret Space Programs in MK-Ultra, SRA and most things before discovering you were a galactic envoy. So you want to elaborate or just kind of remind people about that?

DR. MILANO: Sure. To recap, I mean, I think you did an excellent recap right there. I would say our interview, our last interview, was about six months ago and maybe it had been about one or two months before that that I had gotten my secret space program memories back, and they came back very quickly and with a vengeance, I would say.

But I knew that I was a galactic envoy for a little bit more time than that. It's just been, I would say, in the months that you interviewed me and in between now, I've gotten so much more information about not

only the SSP but what's been going on galactically, exopolitically within our solar system and in a larger context with the Federation and some of the allied star nations that have what's been happening is happening on such a bigger scale than anything that I could have imagined and that I've seen really being talked about.

Having said that, I don't watch a lot of other materials, so everything that I'm getting is coming in through my friends, through, I'm calling them the alliance at this point. And these are various star nations, they include my husband, my counterpart, his name is Lier Han . Also, I have Ashtar affiliates who I get a lot of information from, but all of those, I would say all of those entities or star nations are aligned; they're, I'm calling them the alliance at this point.

So, I've also been working a lot with Erika Amorina; she's been helping me quite a bit, and it turns out that we have a lot of similar information. So I'm so excited, again, just thank you for extending your platform so that I can share this with you.

DR. SALLA: Great. Well, I'm very interested in hearing about the latest information from you. So I guess just to kind of start off, you say you're getting some recent updates from the alliance regarding what's happening in our solar system, plus you've remembered more about your SSP. So maybe we can start with your memories, the new memories that you have, and then we get into the updates you've been getting about what's happening in our solar system.

DR. MILANO: Sure. So after our interview, I was pretty naive and I had kept myself very naive as to what had actually happened in the Secret Space Program. I did definitely two 20 and backs. And the second one, I don't have as many memories. I know I was doing some stuff with Solar Warden towards the end of that.

But in the first one, I got a bigger picture of what I was doing. And I ended up getting promoted pretty quickly in the Dark Fleet. And what I do remember is I did a lot of work with I don't know exactly, with the Dark Fleet, we were I went from being what I would call a geisha within the geisha program on Mars. And I don't know if you just want to, if people want to look at the other interview, but that was kind of, that was an interesting program. After that, I went on to work for

intelligence. I had been used as a double agent to get intel on the Dark Fleet, but also for Ashtar and the Alliance.

And after that, I kind of, again, got promoted within the Dark Fleet. I did a lot of work in Antarctica. At one point, they allowed me to learn German and I got pretty embedded with more of the younger generation of German Dark Fleet, I guess, military employees. And I, my main memories there, it's funny because I was really, for a long time, for several months after our interview, trying to get as many memories from the SSP back as I could, but Leon put a cap on it because they were, some of them were really bad and it was, it was dysregulating my nervous system. So he hasn't been really letting me remember too much more, but I can say that I know that I had two stars on my lapel. So that's how far up I got promoted within the Dark Fleet. And I think you can get four or maybe five. So I know I got promoted pretty heavily.

DR. SALLA: Wow, that's interesting. So just to remind people, so you spent a lot of time on Mars in your first 20 and back and as a geisha performing, I guess you were kind of like being used as a spy, as well as the other side of that. And then you got into the intelligence work when I guess the Dark Fleet wanted you to be involved in that. And is that how the second SSP began? I mean, because I know in the, others have described doing a second 20 and back at the conclusion of the first, that somehow there's an opportunity to stay on.

So is that what happened? I mean, someone in the Dark Fleet kind of like came to you and said, well, your first 20 and back is done. If you want to do a second, does, when you do a second, does, is there something that happens? I mean, in your case, you transitioned from Mars to doing intelligence work.

DR. MILANO: Well, that was actually within the first 20 and back. So I think, I'm not sure how it works for other people, but what I've been told at least was that I wasn't, it wasn't anticipated that I would do a second 20 and back. And I'm glad that you're asking this question because I went into the second 20 and back unexpectedly and because I have the connection to the Rockefellers, the father of my son.

And I've got confirmation from this, from various people, but I'm going to just say this allegedly. Allegedly, he's the one who sent me back up in the second 20 and back. I guess the Rockefellers, some of them have a quota of about 10 people that they're kind of required to sacrifice in this way and send them up into the secret space program. So we, I had been dating him briefly, we broke up, and I guess that's the opportunity that he took to send me up again into the second 20 and back. Now in that one, I was not involved with the dark fleet. I was working based out of Russia and they did turn me into an assassin. I remember a lot of that and then how they MK altered me doing that.

They used a lot of scopolamine, a lot of oxytocin. They twinned me with another man and we did a lot of missions doing assassin work. I actually have some very interesting memories from that, but at a certain point I was taken off world.

I think my contract was bought out and I ended up doing a lot of work, I think for Solar Warden. I remember some of the people and I've been able to locate them on Earth. They were military who I worked with. So I don't have a ton of memories of that, but I don't think I was supposed to go up in the second 20 and back. And I don't think I had any recollection of the first one and the second one.

So I think that was just an aberration. It wasn't really supposed to happen, but it did.

DR. SALLA: I see, okay. All right, so we're going to talk mainly about your first 20 and back where you did the intelligence work, or that's the one where you have most memories.

DR. MILANO: It is, and it's once they, so in the Geisha program I would say I went up to, we were based on Earth, and we were trained in Germany. It was an abandoned prison in East Berlin. We were all these like young adolescent teenagers who ended up in this prison. They did a lot of education about what the Fourth Reich was, how important it was, a lot of propaganda, and they trained us basically to take on these positions within the Fourth Reich and the dark fleet.

And I ended up being promoted to this Geisha position where we are basically kind of social hostesses for various delegations that come on. And I was stationed in Aries Prime. I was paired with a

commander, his name's Commander Karl Schlemmer. And it's actually like, for what it was, it was kind of an elevated position in terms of what we were doing.

And we had implants. I had one in my eye, one in my ear, and those would just constantly be recording and gathering intel. So after that you kind of age out of the Geisha program. I think I was about 17 or 18 when I went up to Mars from the prison in Berlin. And then you kind of age out of that.

They promote you to an administrative position, which is really not fun; I was very bored I remember asking my commander, can we please get me a better job? And he, they put me into a position in intelligence. So I got a little bit more insight into what intelligence looks like. We would basically sit in this, there were a lot of us.

We would sit in this room. We'd have our little stations. And a lot of the data that the Geishas would be recording would come in, and we'd just spend hours analyzing it. And it's kind of neat. It was like this holographic, the way that we saw the data; it was this holographic kind of projection. And we'd just sit there and watch all the data that would come in.

And it was just like watching a holographic, kind of like a 3D holographic projection, a movie of all the things that were happening. It was very boring to sift through all of that data, but you know, we would ask, we would be given questions like, can you please like look at this particular situation and see if you see anything? And apparently I was pretty good at that and they learned to trust me. And through that, I was able to get promoted and they began to promote me within the military.

DR. SALLA: Awesome. Okay. All right. So, and of course you got promoted and now, I mean, how high, I mean, did you get promoted? I mean, I know at the end you were punished because apparently they discovered you were a double agent, but before that, I mean, you say you got promoted to the point where it was like you had two stars.

DR. SALLA: DR. MILANO: I remember two little stars on my, I don't know if they were stars, I can't see them exactly, but I got promoted. That's kind of a pretty big deal for somebody who's not German and

who has been taken up through the secret space program. I'm glad that you're asking this because it informs what's happening on Ceres, but I don't know how I got promoted so well.

I think I just worked very hard. I do remember being with a lot of the younger Germans who were also in the military, and I was also always kind of treated as a bit of an outsider because I wasn't German. But again, like they'd let me learn German.

The harder that you work and the more that you're willing to put everything into their military, and the more trust that they have in you, they will promote you. It's very much like a merit-based system. Yes, sir.

DR. SALLA: Yes. Awesome. All right, so, I mean, you, at some point, got your memories back, discovered that you were a galactic envoy, and Lieberman is your husband. He's a current member. Is he part of the Ashtar Command himself or part of the Galactic Federation?

DR. MILANO: Now, that's a big question. We both come from the Maya star system, and we were originally very much Federation-aligned. I guess I can speak to this a little bit, although I don't want to get too far into it because things are changing so quickly.

We were part of a group that knew that the Federation, like parts of the Federation, had been compromised. And so we came in, I came in through Ashtar, and he was still embedded within the Federation. And so something happened around 2022; a lot of arrests happened within the Federation. I again, I don't want to elaborate on that too much. I'm working on that with Erica And when we have more clarity, we'll, we'll bring that forward.

But he stepped away from the Federation, and that's why I'm calling it kind of alliance. In 2022, when these arrests happened, that's when they came in and really woke me up, because what Lier Han has told me is that he was getting arrested, and they had like a very brief window to wake me up before like he would have been unable to contact me any further.

Now, things since then have very much shifted, and I'm not like even within the last couple of days and weeks in terms of the compromised elements of the Federation And so he's like recently it's alliance. I'm sure exactly what's happening with the Federation, but it seems to be

in the hands of, shall we say, the positive forces within the Federation.

It seems things are very dicey up there right now. But he's what he was working primarily with alliance is what I would say every time. And I just want to put this out there, every time we give something a name down here, like whether it be the Galactic Federation of Worlds, Galactic Federation of Light, Ashtar Command it gets hijacked by negative entities.

So when I use these names, it's kind of the reason that I'm kind of equivocating on them is just because I know that there are a lot of disclosure influencers out there who are using names like Earth Alliance, and they may be giving compromised information. So I'm just urging everybody to be a little bit careful and discerning when receiving information.

DR. SALLA: Okay, that's very important. So essentially, there seem to be still these ongoing ramifications in terms of past infiltration of the Galactic Federation and ongoing infiltration or compromise that personnel in there. And in your case, Lier Han , your partner, your Galactic Envoy partner, he is now with something that we call the Earth Alliance, which is what exactly?

DR. MILANO: So I'm not even going to say Earth Alliance.

He's translated it to me very recently as Alliance of Sovereign Nations. So when we talk about this, we have to look at, for example, the Swaruu Tigetans, and I'll use them as a very good example. Goja from Cosmic Agency, she is exactly who she says she is. And the Swaruu Tigetans did pull out of the Federation of Worlds for various reasons and for various good reasons.

And again, I haven't watched too much of her material, but they did that because it was essentially a police state and there were elements that were compromised So the Swaruu Tigetans kind of became their own independent functioning entity. And we're very insular, but they're working alongside there's an Arcturian 10D, 11D military.

We like to think of the Arcturians as these medical scientists, but they also have this very, very high-density military that's cooperating. There are a lot of different councils, Pleiadian councils, Pleiadian

Syrian, different star nations who are part of this alliance, and then that they are cooperating.

So when we say Earth Alliance, what that really means is just humans who are working along with these star nations for the liberation of humanity. And again, I'm not sure where that stands in terms of the Galactic Federation of Worlds at this moment. I think things have kind of shifted over and the Federation is under the control of what we would call like the good ETs again.

DR. SALLA: So you got recent information from Lier Han about some kind of like major developments that have just happened involving the planetoid Ceres. So what happened there?

DR. MILANO: Okay, so that's yes, that is what they want to talk about today. And I think everybody's here. So if you ever want to ask them any direct questions, they're happy to answer. They also thank you for having us on. So with Ceres, I would say it was around winter, northern hemisphere winter, like 2024 2025. I'm not sure the exact date, but Lier Han gave me this information that a massive operation was undertaken on Mars, and that operation was kind of the necessary in order to foment this revolution on Ceres. Ceres has undergone a complete revolution; the Fourth Reich has been overthrown, and they're now calling themselves the Fifth Reich. So again, this operation on Mars, it was carried out by alliance, and that's extraterrestrials and humans cooperating.

They disrupted the communication networks, and they basically put Aries Prime into a power blackout. Because although the political structure on Aries Prime had been changing for a very long time it had always been Fourth Reich dominant. But it's a very, I guess you would say, like a metropolitan type of city, like it's got a lot of different beings, a lot of different extraterrestrials coming onto it. Back in, I'm just going to say, February 2025, they blacked out Aries Prime and isolated it. And in that moment where they did that, they arrested a lot of the remaining Fourth Reich commanders and upper-level military. So and in doing that, they were able to take those guys off of Aries Prime and just basically completely restructure the political the governance of Aries Prime.

So it's no longer any remaining Fourth Reich, political power on Aries Prime was just completely shifted. And in doing so, they were able to cut off communication between Aries Prime and Ceres. Now, what that did, it was it put Ceres in a very defensive position, in terms of they're no longer allowed to communicate with Aries Prime that was that's been cut off. So, a lot of the upper level Fourth Reich commanders did escape. They escaped from Ceres at that point. So just rein me in here if I'm kind of all over the place because it's a lot of information. But so at this point, Ceres is in a defensive position. A lot of the Fourth Reich that was still on Earth left Earth because everybody was getting arrested.

You know, and they're still they're kind of in holding right now on Ceres. But after that happened, I would say this is November or October or November of 2025. I think I sent you an email. The Fifth Reich, which is what they're calling themselves now, the insurrection, they there was a huge explosion on the Dark Fleet Lunar Base So this was basically the Fourth Reich and the insurgents who are the Fifth Reich. Something happened there, and I can get into that if you want, where they were basically trying to disconnect any remaining Fourth Reich leadership out of the Dark Fleet Lunar Base. I think I saw a video that you put up; it said something about moonquakes.

That was that this was one of those moonquakes, so that was carried out completely internally within between the Fourth Reich and the Fifth Reich. The Alliance was there to kind of stabilize in case things got too out of control. But they did the Dark Fleet Lunar Base, it kind of looks like the Pentagon, right? Because I'm seeing it right now. And they blew up like a piece of that in order to completely eradicate the Fourth Reich's control over the Lunar Base.

And so now, now we're at what, October 2025. And in doing that, they completely isolated Ceres. Okay, so once they were isolated from the Dark Fleet Lunar Base and from Ares Prime, then the Fifth Reich and these, and I can tell you who composes the Fifth Reich, they were able to fully throw a revolution and arrest the remaining Fourth Reich command.

And they've got them in holding. Those guys are basically sitting in jail taking plea deals for having started the temporal war on Earth. So

they these guys, the Fifth Reich, again, I can tell you who is involved in that. Essentially it's very interesting because they're calling themselves the Fifth Reich, because they it's aligned with fifth density consciousness. So I'm going to, I'll leave it there. Please ask me a question, because I don't want to go too far.

DR. SALLA: OK. Well, that's actually good because that does segue into the question I had, which is, OK, so the Fourth Reich was pretty much oriented towards this alliance with Draconians, which was very hierarchical and very racial and kind of brutal in terms of dealing with subordinates, people or beings that they deemed genetically inferior. Whereas it sounds like this Fifth Reich, which is, I guess, Germans who developed a conscience or maybe developed higher awareness or maybe made contact with more highly evolved extraterrestrials, that they didn't want to be part of this Fourth Reich draconian kind of power structure anymore. And so they wanted to break free of that. And they've been doing that. And they did it on Aries Prime, Mars, and, of course, on the Moon. And that's also happened on Ceres. So is that close to what happened recently?

DR. MILANO: Yes, that's exactly it. That's very much what happened. So in understanding this, a lot of that, I'll say this. There is a religion. And when I was in the SSP, I remember seeing this. There's a religion, one of their very foundational religions of the Fourth Reich, that is based on Carl Jung's Liber Novus.

And we down here know it as the Red Book. So I don't know if anybody's watching this. It's that giant red coffee table book that so many people have on their coffee tables and never read, but it's a very spiritual book. And it's basically their Bible. So they've developed a whole spiritual practice based on the Liber Novus. And if you read anything about it, it follows Kabbalah a little bit. It's similar to that in terms of its spirituality.

There's a dark side of it, and there's a light side of it. So the Fourth Reich commanders, they were very brutal. They're aligned with the Draconians, and they're aligned with a lot of negative extraterrestrial beings. And they had been interpreting the Liber Novus, the Red Book, in terms of the dark side of what Carl Jung was putting out there.

So we like to think of things in terms of good and bad, and that's a very human thing to do. It's very dualistic in its nature. But there's a difference between bad, say Kabbalah dark, and evil. And that's the mistake that the Fourth Reich commanders were making was misinterpreting what these teachings were.

They were mistaking bad for evil. And they dipped way too far into evil and in doing so, aligned with the Dracos and disconnected themselves from source. They're very brutal, the things that they were doing and the philosophy. And again, you'd have to understand that that's coming out of the Third Reich post-World War II and we'll get to that as well. But they made a mistake there.

So a lot of these younger, I would say, Fourth Reich Germans, they'd say these are the millennials and the Gen Z of the former Fourth Reich, who now comprise the Fifth Reich. They knew, everybody knew, that our solar system was going to be passing through this photon belt and that we're at solar maximum. We're having all this high-frequency solar plasma just flooding the solar system. 3I Atlas was going to come along.

This was all, everybody kind of knew this. They saw the writing on the wall and that the Fourth Reich, this kind of lower density, what you might call evil frequency, this resonance, wasn't going to be able to hold up during this particular time. They're not stupid. They know that this is happening. So I would say it was like the younger Germans were kind of prepared for this. And I think a lot of them were maybe over this kind of patriarchal, brutal, dominant kind of lifestyle of the Fourth Reich.

But the very interesting part of this is that, and this goes back to my experience within the SSP, I was promoted to whatever two stars means. The Dark Fleet, the Fourth Reich, would promote their SSP people. It's a merit-based system. And if you worked hard enough, you got promoted within the military. And it wasn't very smart because, as you can see with me, I was used as a double agent to spy for the Alliance.

But they consistently did this, and they promoted a lot of galactic envoys that were coming in from the Federation, coming in from the Alliance, coming in from a variety of places. And those envoys,

whether consciously or unconsciously, really contributed to this revolution. They had a different kind of framework in terms of their soul resonance and what they were willing to do.

So it's not just the galactic envoys in cooperation with, I would say, these millennial sort of Gen Z, formerly Fourth Reich Germans, and some of the military abductees who ended up getting promoted within the Fourth Reich. That's the basis of who really fomented this revolution, this insurrection. You know, nobody wanted to, these guys, this Fifth Reich, and nobody wanted to go down the dark rabbit hole that the Fourth Reich was going. So they all kind of cooperated and did this insurrection. It was necessary. It was necessary.

So they do have a much more expanded kind of spiritual output or practice that's aligned with Fifth Density consciousness, that's more egalitarian, that's more heart-centered, heart-coherent focused, and that is less racist and less, I don't know what word I'm looking for there, but I think you get what I'm saying.

DR. SALLA: Yes, okay. So the Fifth Reich, it sounds like they are much more in alignment with the kind of values that a lot of starseeds, galactic envoys have—freedom, aligning with higher density, and so forth. And I know that they already are connected with some positive extraterrestrial groups.

What about the Solar Warden or the U. S. Navy Secret Space Program? And in the United States, there's this organization, military organization called U. S. Space Command, which, as far as I can tell, acts as a bridge between the conventional military and U.S. Space Force and all of those people in conventional programs who maybe have a little bit to do with space, with the Navy's Solar Warden Program, which is all about space and interstellar travel. So Space Command and the U. S. Navy, what connection do they have with this kind of like Fifth Reich, this kind of like breakaway German dark fleet faction?

DR. MILANO: I'm so glad you asked that, and I'm just kind of getting it filled in right now, because my understanding of it was somewhat limited. So this revolution had to happen independently. If there had been any conscious alignment with, say, Solar Warden or any sort of external entity, then you have to understand the culture of Ceres and

of the Fourth Reich is very, they wouldn't have been participating with it.

But I did get a communication from—they're not calling it a dark fleet lunar base anymore. It's something like Fifth Reich. I don't know, something like that. It's in German. I don't really know. But basically, I would say, Solar Warden, our Earth-based humans were on standby, and they had been in communication.

And so I think that there was some level of participation there, but I'm not sure the full depth of it. I just think that it was—what I'm understanding is and they're just telling me this right now. Yes, there was cooperation, but that cooperation needed to remain silent, or else the culture of the Fifth Reich, the people who live in Ceres, would not have been okay with it.

And that's the big thing that's happening right now. The revolution has happened, but there are still a lot of pockets of resistance. And there's just the general population, the civilian population, is very mistrustful of any sort of direct interference by, say, Solar Warden or any non-German-aligned forces, I would say. But what I'm getting right now is like, yes, there was some cooperation there.

DR. SALLA: Okay, so if we're looking at a place like Ceres, which does have this kind of history of being a dark fleet bastion, and now they've gone through a revolution and the former Fourth Reich commanders have been arrested and tried and being sent off to some other planet. So, how do they regard the dominant space powers on Earth?

I mean, as I mentioned, US Space Command ostensibly is coordinating the major nations on Earth in space and Solar Warden is integrating them in some way. How do they view them? I mean, if they have this kind of German dark fleet history, and now all of a sudden they've had this revolution, this transition, and now Earth all of a sudden kind of looms as this kind of planet that wasn't destroyed in some cataclysm that they were all lied to about, that they thought that the Earth was destroyed and surface humanity wiped out or living in caves or whatever, to now find that while the Earth has 8 billion people flourishing and technologically they're evolving. So, what's the kind of dynamic there?

DR. MILANO: Well, what I understand, and again, I don't have all the answers here, but it's very mistrustful, and this is coming in right now. I have this kind of quantum telepathy thing going on. They're very mistrustful. You've got to understand that these people for almost a hundred years have really thought that they were the dominant species, like the dominant human species, that they owned everything, that they owned the solar system, essentially, and beyond.

So, there's a lot of, I would say, with the older generations, a lot of mistrust. What I'm getting with the civilian, what do we got? They're curious, but they're also mistrustful. It's a little chaotic. They have to undergo a total re-education program about what was actually happening on Earth and what they've been told.

I can only imagine, and this is just me saying this, that it's very confusing for them. But again, very mistrustful, and what I just felt was just shock that this is what the reality is. But again, you have to imagine an entire population who thinks that they own everything, that they're the superior race, that they're the survivors, that this is a great shock to their system, and it's going to take at least a generation of re-education because these people have been so heavily inundated with Fourth Reich propaganda that it's hard to let go of that.

So, that's really what the Fifth Reich is trying to do right now is to re-educate the population. They're doing that in various ways. I think one of the, and I had written to you this in our email correspondence, was that one of the most difficult things that they're having a problem with is how to transition their economy from this kind of capitalist SSP labor force, it's a slave labor force, and how do they transition their economy out of that.

Because nobody really wants to do the jobs that the SSP people were doing. So, it's reminiscent of the United States Civil War and how the South was very heavily dependent on slave labor. So they're resistant there. I think they just don't, what am I getting at? Okay, now I understand it, now I see it. That's what one of the major things between the alliance, and I'm not sure exactly who's participating, but I'm getting that it is Earth; it's various space command.

That's what everybody's doing now, is trying to help these people, the German civilians in particular, to understand that or to transition out of this slave SSP labor force into a different, a post-capitalist society.

So, I think they're all just really in shock, and there's a lot of resistance to a lot of people trying to hold on to these old forthright kind of narratives about themselves. How do you do that when everything that you've been told has been a lie?

DR. SALLA: Right, so now you mentioned Saturn as some sort of base of operations for the Fourth Reich. How does Saturn play into all of this?

DR. MILANO: Okay, so Saturn's very interesting. Again, there are so many people who are way more informed about this than I am, but what I've been shown was that a lot of these remnant commanders escaped to Saturn And then from Saturn, they're working with a lot of these negative extraterrestrials who also, their ships really can't survive in the higher frequency density that we're currently experiencing in the solar system.

These guys left our solar system, and they have a few different colonies terraformed outside of this solar system, but that was the base of their operations. So how does that play into it? They actually had to leave Saturn too. I think some of them are still there, but that's in the process of happening. Saturn underwent a major transition as well.

From my understanding, the rings of Saturn had been, there was an AI in the rings of Saturn that was basically used to bounce this false inverted simulation matrix onto the Earth. So these guys escaped to Saturn and then from Saturn went to wherever it is that their new terraformed colonies are. There are remnants; they're basically packing up, but the rings of Saturn have been restored to their original AI template.

I'm getting kind of off track, but they're now bouncing back more positive frequencies and collapsing the matrix here on Earth. I don't know if that answers your question about what happened with the Fourth Reich and the role that it played, but that was the major base of operations for the Dark Fleet and for the negative-oriented

extraterrestrials to project the false matrix onto the Earth, and that's been changed as well.

DR. SALLA: Well, that was something David Icke talked about and others, but he definitely emphasized this Saturn-Moon matrix. So something was coming out of Saturn that was pretty important in establishing this kind of matrix system on Earth. And so the Nazi Fourth Reich were there. Now, others have said that the Anunnaki had control of Saturn; that was the major base of operations for the Anunnaki. So the Anunnaki and the Fourth Reich, were they close allies? Because I know the Draconians were allies of the Fourth Reich. Were the Fourth Reich also working with the Anunnaki on Saturn?

[The muddled sounding answer indicates that she may be getting psychic guidance in trying to structure a good answer to this tricky and complex area]

DR. MILANO: Okay. So I don't have a direct answer to you about that question, and I'm getting the answer, but I don't want to put it out there without having vetted it first. But what I can say about the Anunnaki— and we're talking about the Nibiru Anunnaki— I recently had a walk-in experience, and you have to differentiate between maybe some of the more negatively oriented Nibiru Anunnaki of the Imperial Court versus some of the more positively oriented Anunnaki. And I think that whether or not they were working, I got a “yes” on the Dark Fleet, but whether or not they were working with the Dark Fleet, I think it's important for people to understand that they were also working, am I allowed to say that?

Yes, with the Federation. So that's too complex. I'm not going to elaborate on it right now because I don't want to put out any sort of disinformation that's not clear. I'm being stopped. But the negative Anunnaki, I recently discovered that I, so we exist on various levels. I have this Pleiadian Mayan avatar who came in through the Alliance, and my partner Lier Han. Another level of who I am is Anunnaki.

I was one of the seven scientists who essentially coded the Adamic human DNA. Yes, so I have one of my emanations. I was a daughter of Anu and a tertiary wife of his. My name as an Anunnaki was Anmahatra. You can say Anma. My brother is Ea, Enki, and also Enlil,

and Ninursag is my sister. But I was on the team of Anunnaki scientists who *coded the Adamic human genome*.

This is a much larger question, a much bigger picture to ask about, but it's important to start talking about. What we did was against cosmic law. What we did provided a platform for some of these more negative extraterrestrials to come in and take advantage of the situation and use the human population as slave labor. We created ourselves as a slave race, or we created the Adamic humans as a slave race. So I think that on some level, that provided a platform for cooperation with the negative of the Dracos, with the Dark Fleet, with the negatively aligned Germans. I don't know if that clearly answers your question.

I want to be very mindful of what I say. I don't like to put out false information, but that's what I understand thus far.

DR. SALLA: Actually, maybe you can elaborate because that is fascinating what you just shared. You remember a life as the daughter of Anunnaki. You were one of the seven Anunnaki scientists working on the Adamic project. Is there anything more you can elaborate about that? I mean, I always took it that Ia and Ninhusag were the ones that kind of came up with the Adamic or the Adapa or the first human Adamic specimen. So where did you fit into that?

DR. MILANO: Oh goodness, I had quite the role. So we knew when we came down here, we had to create a slave race. The Ajiji revolted; we needed slave labor. We knew that what we were doing was very much against cosmic law, that there was going to be a lot of blowback on the imperial court for having done it.

At the same time we were trying to save our race. In creating the Adamic human, my role specifically was, and I got very severely punished for this, I knew what I was doing. Ninhusag also knew what I was doing, but Enlil was kept out of it. My role was to encode what we're calling as the Sophia Codex, the Sophia Code. So you on Earth as humans, I speak for all of us. I'm also speaking as Anma right now. You've been led to believe that you have 12-strand DNA and that it has been suppressed by the Anunnaki to two-strand DNA.

That is only partially true. There is a 13th Codex, and that is the Sophia Code, and that is what I inserted into the Adamic human

genome. I was aware of this, as was Ninhusag, and we did this as a way for humanity to, at this particular moment in time, as you're experiencing these rising frequencies, as you're experiencing the extension process, to create.

It was hidden within the Adamic human genome. It was meant to activate at this time, so that you could expand and bypass the suppression technology or the suppression techniques that were put to reduce you to two strands of your genetic expression. Now, that is coming online right now for everybody. It was basically meant to create space for your genetic sequencing to experience Sophia consciousness and Sophia energy.

So many of you, in your Gnosticism, you're, and me, Catherine, I don't know anything about Gnosticism, but this is what Anma is saying. Many of you understand Sophia as the number 13, as the Monad. That is all accurate, and my role was to hide and code this particular DNA sequence within the Adamic human genome, and it's being expressed right now.

Now, as Anma, I did get in trouble for this one, and Enlil found out, and I was imprisoned. So, I'm going to come back as Catherine now. That was a lot of information. But I was allowed to do this. I was encouraged to do this because it was the only way. And she wants to say this as well. The Sophia Codex, the Monad, the number 13, the 13th strand of your DNA, is one of the keys.

It is the key to your ascension. And it is also the codex for our redemption. And I speak of this as an Anunnaki, as one of the Anunnaki scientists who coded this into your DNA and the key to our redemption, because what we did was wrong.

DR. SALLA: So can you explain how this 13th strand of DNA, this codex, how that relates to the 12-strand DNA that a lot of people say was suppressed and reduced to two-strand DNA as a result of draconian or Anunnaki kind of interference. So is this 12-strand DNA a kind of precursor to the 13th strand, or is the 13th strand something that transcends the 12-strand altogether?

DR. SALLA: DR. MILANO: I like the question that you're asking. It's the latter. It transcends the 12-strand. This is your God consciousness.

You, as humans, have been programmed. We as humans have been programmed to look for the Messiah, for the relationship with God outside of ourselves. So, this is meant to transcend to the 12 strands. It's the 13th strand. This is your direct connection with God. This is your expression of God itself. So, it was the Anunnaki; it was us. It was my scientific team that created this kind of 12, what you're calling 12-strand, and suppressed it to two in cooperation with the Dracos, in cooperation with the negative agenda. But this is meant to bypass the suppression locks that were put into place and also to really transcend the 12 strands and to tap you into your God consciousness for the Messiah that exists within.

DR. SALLA: Okay, so right now then, I mean, this Sophia consciousness represents this kind of 13th strand and it transcends the 12-strand DNA. Others have been talking about similar things. I know Laura Eisenhower talks about the Sophia consciousness and George Kavassilas talks about transcending the 12-strand DNA and going to this kind of like this one strand that kind of like unifies it all. So it sounds like that's kind of in alignment with what you've discovered.

DR. MILANO: I'm glad to hear that. I love Laura Eisenhower. Again, I saw her present at one point. I don't know exactly what she's saying about Sophia consciousness, but as Anmahata, yes, that is exactly what it is.

DR. SALLA: Awesome, okay. Well, talking about the Sophia consciousness,

I mean, in your email to me before this show, you talked about the role that women are now playing with the Fifth Reich that during the Fourth Reich, women were very much kind of suppressed to secondary roles because it was a very patriarchal system, but this is now changing. So yes, anything you want to say about the Fifth Reich and the role of women in that?

DR. MILANO: Certainly, and I've heard you say this, it's the hermetic principle: as above, so below. This is not just happening within Ceres; it's not just happening, you see it on Earth. It's kind of shifting to a more balanced dynamic with the rise of Sophia consciousness.

Okay, to answer your question, though, within Ceres and the Fourth Reich these younger German women, again, I would say the millennials, the Gen Z, even older, they're not really interested in having this kind of patriarchal system where they're relegated to the outskirts of the command structure and or the political influence.

So there's kind of like an openness in terms, when they are making this transition into the Fifth Reich, these younger German women are, they're over it. And so activating this kind of, it's a rebalancing. So they're being actively promoted within the Fifth Reich to more positions of political power. And they're being given a lot more opportunity to have a more, again, a balanced feminine, masculine, they're given more power. And that's one of the things that's cementing, again, the success of this Fifth Reich insurrection

DR. SALLA: Okay, so there is a kind of mirroring here of what's happening on Earth, and the role of women definitely, and I guess minorities also, that that's being kind of promoted a lot more in many societies. So essentially the same thing is happening with the Fifth Reich?

DR. MILANO: It is. It's also happening within Nibiru, within the imperial court. What I've been told is that, or what I understand is that Anu is not the one in control so much anymore. There is a female, I don't know who she is, and I don't have a lot of clarity on this, but there is a female who has more of a, I don't know, and again, I don't want to say anything that I don't fully understand, but there's more of a female presence that's not dominating, but who's kind of running things in terms of the Anunnaki imperial court. It's happening on all levels, and that's not to, for anybody watching that, that's not to say that the male role is unimportant, but it's just kind of a, it's a rebalancing and an interaction, and it's necessary in terms of this ascension process.

DR. SALLA: Okay, so I mean, right now, I mean, we're having this kind of like a war in Iran, and a lot of people are freaking out about that, and there's a lot of people saying that the war really involves giants and ancient technologies and stargates in Iran. Yes, have you been given any information about that?

DR. MILANO: Yes, it is. It's about the Stargate, I guess, I think it's called Stargate 10, or it's colloquially been referred to as Stargate 10. It's about taking the control of Stargate 10 out of the mega cartel, or the cabal, as you would say, as many people say, and putting that back into the hands of more positively aligned forces.

But you can see how it works on many different levels because you see a lot of Iranian women who are protesting what's happened with the regime that has been in place for so long. So you see the parallels of that; it's kind of like the liberation of women there. And I know that's a politically difficult topic to bring up, but it is, it's about the Stargate. It's about the extraterrestrial technology, a lot of the Anunnaki, and a lot of extraterrestrial technology, the giants; that's all happening there.

So I'm not really answering your question very well. But you're seeing this in every single political event that's happening in this world right now. Whether you look at Venezuela, Maduro, what happened there was breaking up of the trafficking networks.

There's also some Atlantean technology. Even what happened recently in Mexico with the narcos, I happened to be in Mexico. I'm not sure if you're aware of what I'm talking about. But I flew into Mexico and the next day there was a huge narco war with the cartels, the removal of El Mencho. I was there, the helicopters were everywhere, it wasn't as violent as everybody thought.

But that was also a breaking down of the trafficking networks. Then Greenland, this is all part of the same thing. Greenland was the liberation of the Arctic Gate, that was actually Alliance technology. There was a space ark there So everything that you're seeing that's happening has to do with either Stargates, breaking down the trafficking networks and really just removing the mega cartel and the remnants of that old power control system.

DR. SALLA: Okay, so I mean, to kind of like bring it back to the beginning where we talked about the Galactic Federation being compromised and this Alliance becoming more important for you personally with your partner, Lier Han . What lies ahead? What is coming now? I mean, what can people expect?

DR. MILANO: So this is, and this is so recent, but I'm going to kind of quote what these guys are saying to me We, as humanity, we've already eclipsed the event horizon for this expansion, this quantum expansion and acceleration and evolution of human consciousness. It's already happening, like we're on this acceleration window. And especially right now, as of this recording, we're going through the spring solstice, and it's just going to continue to accelerate. So just anticipate maybe a bit more chaos on the outside.

It's not going to be an easy ride. We have to completely rebuild the Earth, so to speak. But the alliance forces, the positive forces have already won. I mean, it may not look like that necessarily, but I would speak to your viewers on an individual level.

Just be prepared for a rapid acceleration of your consciousness if you're open to it. I know I've seen a lot of infighting within the disclosure community, and it's a little bit hard to watch. I would encourage anybody to be watching this, that we're past that. We're past that now. It's not about your ego, it's not about your popularity, it's not about who has the right to infringe. Like I see a lot of this discord. As humanity, we've already passed this point.

We need to evolve. We need to become more mature so that we can be in a point of preparation to lay the groundwork for this **New Earth**. So please stop fighting each other. We're all here for disclosure. Let's just get on the same page and welcome in the new technology and get on a higher consciousness resonance so that we can interact with these, not just extraterrestrial, but interterrestrial beings who are here to help us. So that's what I would have to say.

DR. SALLA: So, yes, maybe you can elaborate a little bit about the interterrestrial because I had a very interesting dream last night which basically involved giants, and the giants were ready to come forward and join us in some kind of like titanic battle, almost like the Lord of the Rings type thing where the giants represent a positive faction, which is really strange because so many Christians, evangelical Christians, have been brainwashed into believing, well, giants are like described in the Old Testament, they're cannibals and evil, and they kind of eat people.

But the kind of dreams I've had, and we're only talking about dreams, so you can take that wherever you like, however much importance you want to attach to it, but the dreams I've had shown the giants as being very positive and last night, I dreamed that they were kind of like ready to come forward and help humanity. And so, yes, so this intra-Earth element, interterrestrial element, what do you know of that? And do you know anything about the giants?

DR. MILANO: Again, I won't speak on things that I don't know about. What I do, I'm extraterrestrial; like my sole residence is predominantly extraterrestrial. I know, I have friends, I have coincidence who are very much more interterrestrial and they have a residence there. So, again, I won't step outside of my boundaries of knowledge and or competence in discussing the interterrestrial beings. I have interacted with them a little bit, and they're pretty serious, you know?

They're not messing around; this is their world. I don't want to speak on the giants; I don't have that information, but I would trust your dreams, Michael.

DR. SALLA: Okay, well, definitely, I know there are others that are saying that what's happening in Iran now is all about the giants and the Stargates.

DR. MILANO: I've heard that too; I think that's probably pretty accurate. I know it's about the Stargates.

DR. SALLA: Yes, okay, well then, what lies ahead for you? I mean, what do you plan to do over the months ahead? I mean, is it just more, I mean, obviously, you're in communication with Lier Han and the Alliance; you're also recovering dreams. What do you think is going to be happening for you or what are you emphasizing in the next few months? Is there a book in the pipeline?

DR. MILANO: Oh, no, I am not here to promote anything. I want to make that very clear. I don't have a book, I mean, I started writing one, but no, I'm not here to promote anything. I don't have a website, I'm just here for disclosure. Personally, I hope to get out of New York soon and potentially move to Latin America.

I know that part of my mission is to continue to communicate the information that I'm receiving because that will continue to evolve. And just on a side note, they've been trying to get me to get my

Spanish fluent so that I can communicate these messages to a Spanish-speaking audience. But that's just personally, I try not to plan too far ahead because there are so many moving parts. So it remains to be seen.

DR. SALLA: Well, wonderful. So I know you're working closely with Erika Amorino and coming up with some new information and revelations there. I look forward to hearing about that in the future as well.

DR. MILANO: Me too, I look forward to it. And you're first on our radar to hopefully, when we get this, we've been getting a lot of the same information very independently, and we look forward to hearing and sharing that with you; I know that.

DR. SALLA: Okay, well, thank you, Catherine and I look forward to talking to you more in future about these issues.

DR. MILANO: So do I, thank you, Michael.

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